



1 <i>No Meal Served Labor Day Holiday</i> 	2 <i>High Sodium Meal</i> LS Hot Dog / Mustard Baked Beans Cole Slaw LS Potato Chips Reg. & Diet Gelatin Hot Dog Roll	3 Oven Roasted Chicken Whipped Potatoes Peas & Carrots Cranberry Sauce Fresh Apple Multigrain Bread	4 Roast Pork with Gravy Red Bliss Whip Potatoes Mixed Vegetables Fruit Cocktail Oatmeal Bread	5 <i>Lawrence Site Special</i> Broccoli, Egg and Cheese Bake Roasted Potatoes Green Beans Almandine Butterscotch Pudding/& Diet Low Fat Muffin
8 Sweet & Sour Meatballs White Rice Scandinavian Blend Veg. Peaches Dark Rye Bread	9 Orange Glazed Chicken Baked Potato Low Fat Sour Cream California Blend Veggies Tapioca Pudding / & Diet White Bread	10 Lasagna with Meat Sauce Green Beans Parmesan Cheese Pineapple Italian Bread	11 Roast Turkey and Gravy Whip Potato with Chives Peas and Carrots Cranberry Sauce Pears Multigrain Bread	12 Seafood Newburg White Rice Vegetable Medley Fresh Orange Whole Wheat Dinner Roll
15 Salisbury Steak / Gravy Red Bliss Whip Potatoes Mixed Vegetables Pears Whole Wheat Bread	16 Macaroni and Cheese Zucchini & Stewed Tomatoes Fruited Gelatin Diet Gelatin Multigrain Bread	17 Chicken Breast Fillet Whip Potato with Chives Tuscany Blend Veggies Cranberry Sauce Fresh Apple White Bread	18 <i>Birthday Dinner High Sodium Meal</i> Turkey Ham / Fruit Sauce Whip Swt Pot / Veg Medley Birthday Cake / Diets & MOW'S Plain Cake Whole Wheat Dinner Roll	19 Krunch Lite Fish Fillet Florentine Rice Peas and Carrots Tartar Sauce Peaches Dinner Roll
22 Cheeseburger Kernel Corn Ketchup Toss Salad / LS Dressing Pineapple Hamburger Roll	23 Stuffed Shells Meat Sauce Peas Toss Salad / LS Dressing Fresh Orange Italian Bread	24 Baked Chicken Gravy Whipped Potatoes Mixed Vegetables Peaches Whole Wheat Dinner Roll	25 Ground Beef Stroganoff Ziti Italian Blend Vegetables Fruit Cocktail Oatmeal Bread	26 Baked Salmon with Dill Sauce Dirty Rice Broccoli andCauliflower Chocolate Pudding /& Diet Whole Wheat Bread
29 Chicken Morney Whipped Potatoes California Blend Veggies Peaches Light Rye Bread	30 Beef Meatloaf with Gravy Red Bliss Whip Potatoes Vegetable Medley Peaches Whole Wheat Bread			

MENU SUBJECT TO CHANGE WITHOUT NOTICE.